



# Lesson 4

Romans 8:7–8

*The mind ruled by the power of sin is at war with God. It does not obey God's law. It can't. Those who are under the power of sin can't please God.*

## Cain and Abel

### Genesis 4:1–16

<sup>1</sup>Adam loved his wife Eve and slept with her. She became pregnant and gave birth to Cain. She said, “With the Lord’s help I have had a baby boy.” <sup>2</sup>Later she gave birth to his brother Abel.

Abel took care of sheep. Cain farmed the land. <sup>3</sup>After some time, Cain gathered some things he had grown. He brought them as an offering to the Lord. <sup>4</sup>And Abel also brought an offering. He brought the fattest parts of some animals from his flock. They were the first animals born to their mothers. The Lord was pleased with Abel and his offering. <sup>5</sup>But He wasn’t pleased with Cain and his offering. So Cain became very angry, and his face was sad.

<sup>6</sup>Then the Lord said to Cain, “Why are you angry? Why are you looking so sad? <sup>7</sup>Do what is right and then you will be accepted. If you don’t do what is right, sin is waiting at your door to grab you. It desires to control you. But you must rule over it.”

<sup>8</sup>Cain said to his brother Abel, “Let’s go out to the field.” So they went out. There Cain attacked his brother Abel and killed him.

<sup>9</sup>Then the Lord said to Cain, “Where is your brother Abel?”

“I don’t know,” Cain replied. “Am I supposed to take care of my brother?”

<sup>10</sup>The Lord said, “What have you done? Listen! Your brother’s blood is crying out to Me from the ground. <sup>11</sup>So I am putting a curse on you. I am driving you away from this ground. It has opened its mouth to receive your brother’s blood from your hand. <sup>12</sup>When you farm the land, it will not produce its crops for you anymore. You will be a restless person who wanders around on the earth.”

<sup>13</sup>Cain said to the Lord, “You are punishing me more than I can take. <sup>14</sup>Today You are driving me away from the land. I will be hidden from You. I’ll be a restless person who wanders around on the earth. Anyone who finds me will kill me.”

<sup>15</sup>But the Lord said to him, “No. Anyone who kills you will be paid back seven times.” The Lord put a mark on Cain. Then anyone who found him wouldn’t kill him. <sup>16</sup>So Cain went away from the Lord. He lived in the land of Nod. It was east of Eden.

## Questions

- 1 Did Adam still love his wife even after she offered him the forbidden fruit, which he ate too?  
(Yes/No) \_\_\_\_\_. (Gen. 4:1)

- 2 What was Adam and Eve's first child? Their first child was a \_\_\_\_\_. (Gen. 4:1)
- 3 What was the name Adam and Eve gave their first child? They gave their first child the name \_\_\_\_\_. (Gen. 4:1)
- 4 What was the name Adam and Eve gave their second son? They gave their second son the name \_\_\_\_\_. (Gen. 4:2)
- 5 What were the jobs of Abel and Cain? Abel took \_\_\_\_\_ of \_\_\_\_\_, while Cain \_\_\_\_\_ the \_\_\_\_\_. (Gen. 4:2)
- 6 What did Cain and Abel bring to God as offerings? Cain brought to God some things he had \_\_\_\_\_, while Abel brought to God the \_\_\_\_\_ parts of some \_\_\_\_\_ from his flock. The animals were the \_\_\_\_\_ born to their mothers. (Gen. 4:3-4)
- 7 Was the Lord pleased with Abel's offering? (Yes/No) \_\_\_\_\_. (Gen. 4:4)
- 8 Was the Lord pleased with Cain's offering? (Yes/No) \_\_\_\_\_. (Gen. 4:5)

## Hebrews 11:4a

*Abel had faith. So he brought to God a better offering than Cain did. Because of his faith Abel was praised as a godly man. God said good things about his offerings.*

- 9 Why wasn't the Lord pleased with Cain's offering? The Lord wasn't pleased with Cain's offering because Cain did not have \_\_\_\_\_.



In other words, God sees the heart, not the actual offering.

- 10 Did Cain say he was sorry to God for his lack of faith? (Yes/No) \_\_\_\_\_. What was Cain's reaction? Cain became \_\_\_\_\_, and his face was \_\_\_\_\_. (Gen. 4:5)
- 11 Do you think the Lord felt sad for Cain? (Yes/No) \_\_\_\_\_. (Gen. 4:6)
- 12 Did the Lord encourage Cain to do what is right? (Yes/No) \_\_\_\_\_. (Gen. 4:7)
- 13 What was God's warning to Cain? God told Cain that \_\_\_\_\_ was waiting at his \_\_\_\_\_ to \_\_\_\_\_ him. (Gen. 4:7)
- 14 What did God say is sin's desire? Sin's desire is to \_\_\_\_\_ us, but we must \_\_\_\_\_ over it. (Gen. 4:7)
- 15 Did Cain listen to God's warning and turn away from sin? (Yes/No) \_\_\_\_\_. (Gen. 4:8)

- 16 What did Cain do instead? Cain \_\_\_\_\_ his brother Abel and \_\_\_\_\_ him. (Gen. 4:8)

## Proverbs 5:21

*The Lord watches your ways. He studies all your paths.*

- 17 Why do you think God asked Cain where his brother Abel was when God already knew what had happened to Abel? God wanted to give Cain the chance to tell the **t** \_\_\_\_\_ (opposite of “lie”) and say he was **S** \_\_\_\_\_.
- 18 Did Cain tell the truth when the Lord asked him where his brother Abel was? (Yes/No) \_\_\_\_\_. (Gen. 4:9)
- 19 Did Cain say he was sorry? (Yes/No) \_\_\_\_\_. (Gen. 4:9)
- 20 Did Cain feel bad at all that his brother was no longer alive? (Yes/No) \_\_\_\_\_. Instead, Cain said to God, “Am I suppose to take \_\_\_\_\_ of my brother?” (Gen. 4:9)
- 21 What did the Lord do to Cain? The Lord put a \_\_\_\_\_ on Cain. Cain was driven away from his birth place. He was no longer able to \_\_\_\_\_ the land. Instead, he would be a \_\_\_\_\_ person who would \_\_\_\_\_ around on the earth. (Gen. 4:11–12)
- 22 What did Cain feel bad about? He felt bad about his **p** \_\_\_\_\_ (not about killing his own brother!). (Gen. 4:13–14)

## Psalm 9:8

*He rules the world in keeping with what is right. He judges all its people fairly.*

- 23 Do you think God was fair? (Yes/No) \_\_\_\_\_.
- 24 What did Cain worry about? He worried that someone who finds him would \_\_\_\_\_ him. (Gen. 4:14)



Cain didn't care that his own brother was dead because of him!

- 25 What did God do to stop someone from killing Cain? God put a \_\_\_\_\_ on Cain. (Gen. 4:15)
- 26 Where did Cain live? He lived in the land of \_\_\_\_\_, east of Eden. (Gen. 4:16)

How did the Holy Spirit speak to you this week as you studied these Bible verses? In other words, what did you learn this week from reading God's Word?

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